

Children's
Specialized
Hospital



Family Centered Events, Information & Resources

Created for Families, by Families.



Our Locations & Services

Bayonne, NJ | Outpatient

519 Broadway | 07002

- Occupational Therapy
- Physical Therapy
- Speech & Language Therapy
- Developmental & Behavioral Pediatrics

Clifton, NJ | Outpatient

1135 Broad Street, Suite 215 | 07013

- Occupational Therapy
- Physical Therapy
- Psychology
- Speech & Language Therapy
- Speech & Feeding
- Developmental & Behavioral Pediatrics
- Neurology
- Orthopedics

East Brunswick, NJ | Outpatient

645 State Route 18 | 08816

- Neuropsychology
- Occupational Therapy
- Physical Therapy
- Psychology
- Speech & Language Therapy
- Chronic Illness Management
- Chronic Pain Management
- Developmental & Behavioral Pediatrics
- Neurology
- Psychiatry

Eatontown, NJ | Monmouth County | Outpatient

200 Wyckoff Road | 07724

- Audiology
- Occupational Therapy
- Physical Therapy
- Psychology
- Speech & Language Therapy
- Speech & Feeding
- Developmental & Behavioral Pediatrics
- Neurology
- Physiatry
- Psychiatry

Egg Harbor Township, NJ | Outpatient

6106 Black Horse Pike | 08234

- Occupational Therapy
- Physical Therapy
- Psychology
- Speech & Language Therapy
- Developmental & Behavioral Pediatrics
- Physiatry

Hamilton, NJ | Outpatient

3575 Quakerbridge Road | 08619

- Audiology
- Nutrition
- Occupational Therapy
- Physical Therapy
- Psychology
- Speech & Language Therapy
- Speech & Feeding
- Developmental & Behavioral Pediatrics
- Neurology
- Physiatry
- Psychiatry
- Special Needs Primary Care



Our Locations & Services Continued

Long Term Care

Mountainside | 150 New Providence Road | 07092
Toms River | 94 Stevens Road | 08755

- Long Term Care Services

Newark, NJ | Outpatient

182 Lyons Avenue | 07112

- Occupational Therapy
- Physical Therapy
- Speech & Language Therapy
- Developmental & Behavioral Pediatrics

New Brunswick, NJ | Inpatient Hospital

200 Somerset Street | 08901

- Infant Toddler Rehabilitation
- Neonatal Abstinence Syndrome
- Brain Injury Rehabilitation
- Burn & Wound Care
- Chronic Illness Management
- Chronic Pain Management
- Multi-Complicated Trauma
- Neuromuscular & Genetic Disorders
- Post-Surgical Orthopedics
- Spinal Cord Rehabilitation

Toms River, NJ | Outpatient

1251 Highway 37 West | 08755

- Nutrition
- Occupational Therapy
- Physical Therapy
- Psychology
- Speech & Language Therapy
- Speech & Feeding
- Rehabilitation Technology*
*Also available in Mountainside
- Developmental & Behavioral Pediatrics
- Psychiatry

Union, NJ | Outpatient

2840 Morris Ave | 07083

- Audiology
- Neurorehabilitation
- Neuropsychology
- Nutrition
- Occupational Therapy
- Physical Therapy
- Psychology
- Speech & Language Therapy
- Developmental & Behavioral Pediatrics
- Neurology
- Special Needs Primary Care
- Physiatry
- Psychiatry
- Orthopedics

Somerset, NJ | Outpatient

888 Easton Avenue | 08873

- CSH RUCARES Severe Behavioral Program
- Pediatric Feeding Disorders Program

West Orange, NJ | Outpatient

375 Mount Pleasant Avenue | 07052

- Occupational Therapy
- Physical Therapy
- Speech & Language Therapy



Google Review for CSH



Your feedback can benefit other patients & families!

Please take a moment to share your experience at EACH CSH SITE by leaving a Google review. Your positive experience can help other patients and families learn about our exceptional care.

¡Sus comentarios pueden beneficiar a otros pacientes y familias!

Tómese un momento para compartir su experiencia dejando una reseña en Google. Su experiencia positiva puede ayudar a que otros pacientes y familias conozcan nuestra atención excepcional.





Special Needs Primary Care

We understand the complexities of raising a child with special healthcare needs. Our Special Needs Primary Care is proud to provide children with special healthcare needs, and their siblings, outstanding family-centered healthcare.

As Your Medical Home, we will:

- Take care of your child when he or she is sick
- Help you plan your child's care and set goals for their care
- Discuss any testing or treatment that your child needs
- Coordinate care with you and other care providers
- Partner with you to help you live well and stay well

Two Locations in Hamilton, NJ and Union, NJ

[Click here to learn more.](#)



MyChart FAQs for CSH Patients & Families

About MyChart

Epic together.

What is RWJBarnabas Health MyChart?

RWJBarnabas Health MyChart is a secure personal health record that allows patients to access parts of their medical record, request prescription refills, view lab results, message their medical provider, therapist or the billing team with questions, conduct telehealth visits, schedule or cancel appointments, and more. ***Please note: scheduling and canceling functionality is not yet available at Children's Specialized Hospital, but you will be able to schedule or cancel appointments at some other RWJBarnabas Health facilities.***

MyChart gives medical providers and therapists a way to stay connected to their patients between visits and can help patients stay more engaged in their care while helping them to manage more things on their own.

Is there a fee to use MyChart?

No, MyChart is a free service for all patients.

What do I need to use MyChart?

You need access to a computer or mobile device connected to the Internet and an up-to-date browser (such as Edge, Chrome, Firefox, or Safari). You can also use the MyChart mobile app on a mobile device.

For further assistance, email us at MyChart-Support@rwjbh.org or call our MyChart Patient Support Line at [1-833-764-3570](tel:1-833-764-3570).



MyChart FAQs for CSH Patients & Families

Enrollment Questions

How do I sign up?

There are several different methods of MyChart signup that might be used by different departments across your healthcare organization:

- Clinic staff might sign you up directly while you're at the front desk or in the exam room.
- You might receive a MyChart activation code on your After Visit Summary or on a billing statement.
- You might receive a text message or email with an activation code when you come in for a visit.
- You might be able to use self-signup online to create a MyChart account by matching your information against what is on file in your medical record or with third-party identity verification.

Can you send me a new activation code if I have lost it, let it expire, or did not receive it?

If you don't have an activation code, you can request one on the [sign-up page](#). You can also contact us at MyChart-Support@rwjbh.org. After we verify your information, you will receive a new code.

My activation code does not work. What should I do?

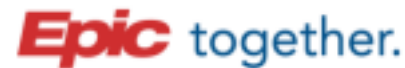
For your security, your activation code expires after a set period of time and is no longer valid after the first time you use it. If you still have problems, email us at MyChart-Support@rwjbh.org or call our MyChart Patient Support Line at [1-833-764-3570](tel:1-833-764-3570).

For further assistance, email us at MyChart-Support@rwjbh.org or call our MyChart Patient Support Line at [1-833-764-3570](tel:1-833-764-3570).



MyChart

Preguntas frecuentes



Acerca de MyChart

¿Qué es MyChart?

RWJBarnabas Health MyChart es una forma segura de acceder a sus registros medicos incluyendo medicamentos, alergias, resultados de exámenes, Solicitar recarga de medicamentos, programar citas medicas y más.

Tenga presente que por ahora la funcionalidad de hacer y cancelar citas médicas no esta disponible para CSH pero si para las otras entidades de salud dentro de RWJBarnabas Health.

MyChart le da a sus doctores y terapistas una forma de estar conectados con sus pacientes entre visitas y ayuda a los pacientes a estar a cargo de su cuidado al mismo tiempo ayudandoles a manejar cosas por su cuenta.

Para obtener más información sobre MyChart, consulte <https://www.mychart.com/features>.

¿Hay que pagar para usar MyChart?

No, MyChart es un servicio gratuito que se ofrece a todos nuestros pacientes.

¿Qué necesito para usar MyChart?

Necesita acceso a una computadora o dispositivo móvil conectado al Internet y un navegador actualizado (como Edge, Chrome, Firefox o Safari). También puede usar la aplicación móvil MyChart en un dispositivo móvil.



MyChart

Preguntas frecuentes



Usted podría recibir correos electrónicos o notificaciones de texto que contienen enlaces a MyChart. Estas notificaciones le permiten iniciar sesión a MyChart de forma segura al usar un enlace que caduca después de un tiempo corto. Manteniendo su cuenta de MyChart segura significa mantener su número de teléfono y cuenta de correo electrónico seguros. Si usted piensa que su número de teléfono o cuenta de correo electrónico podrían estar comprometidas, puede cambiar el número de teléfono o cuenta de correo electrónico archivado en la página de "Información Personal" en MyChart. Para más asistencia, envíenos un correo electrónico a MyChart-Support@rwjbh.org o llame a nuestra línea de soporte al paciente de MyChart al [1-833-764-3570](tel:1-833-764-3570).

Preguntas sobre inscripción

¿Cómo me inscribo?

Existen varios métodos de registro en MyChart que pueden ser utilizados por diferentes departamentos de su organización médica:

- El personal de la clínica puede inscribirlo directamente mientras está en la recepción o en la sala de examen.
- Es posible que reciba un código de activación MyChart en su resumen de la visita o en un estado de cuenta de facturación.
- Es posible que reciba un mensaje de texto o correo electrónico con un código de activación cuando venga a visitarnos.
- Es posible que pueda usar el auto-registro en línea para crear una cuenta MyChart comparando su información con lo que está archivada en su registro médico o con verificación de identidad de terceros.

¿Pueden enviarme un nuevo código de activación si lo perdí, lo dejé caducar o no lo recibí?

Si no tiene un código de activación, puede solicitar uno en la [página de registro](#). También puede contactarnos en MyChart-Support@rwjbh.org. Después de que verifiquemos su información, recibirá un código nuevo.

Mi código de activación no funciona, ¿qué debo hacer?

Para su seguridad, su código de activación caduca después de cierto periodo de tiempo y no es válido después de la primera vez que lo usa. Si aún tiene problemas, envíenos un correo electrónico al MyChart-Support@rwjbh.org o llame a nuestra línea de ayuda a pacientes de MyChart al [1-833-764-3570](tel:1-833-764-3570).



Research Studies

at Children's Specialized Hospital



Autism



Brain Injury



Chronic Health Conditions



Cognition



Mobility

The Research Center at Children's Specialized Hospital strives to advance pediatric rehabilitation by initiating and supporting evidence-based studies that explore innovative interventions, technologies and approaches to specialized care for children and adolescents.

View our current research studies in any of our five core areas by scanning the codes below with your mobile device or tablet.

www.rwjbh.org/cshresearch



Rehab tech evaluation

at Children's Specialized Hospital

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



A rehab tech evaluation at RWJBarnabas Health in New Jersey assesses a patient's mobility, positioning, and seating needs. The evaluation helps determine what type of equipment may help the patient participate in daily activities.

Rehabilitation Technology - Pediatric Treatment & Care offered at these locations in your neighborhood

Children's Specialized Hospital

200 Somerset Street
New Brunswick, NJ 08901
(888) 244-5373

Children's Specialized Hospital Long Term Care Center – Mountainside

150 New Providence Road
Mountainside, NJ 07092
(908) 233-3720

Children's Specialized Hospital Outpatient Center – Toms River - Highway 37 West

1251 Highway 37 West
Toms River, NJ 08755
(888) 244-5373



Special Child Health Services Case Management



Case Management Units

Program Description: Each of New Jersey's 21 counties maintains a Special Child Health Services (SCHS) Case Management Unit (CMU). These programs are funded by the New Jersey Department of Health and each county's Board of Commissioners.

Their mission is to promote access to preventative and primary care for children and youth with special health care needs from birth up until their 22nd birthday.

Goals: The goal of SCHSCM is to provide comprehensive, coordinated, culturally competent case management services for families with CYSHCN.

To look at a list of the CMUs in each county, please visit the NJ.gov CMU by county [contacts](#) page.



Healthy Kids in Hannah's Kitchen



Healthy Kids in Hannah's Kitchen - Newark Beth Israel Medical Center

Join us in-person for this hands-on cooking class for ages 8-12; parent/guardian must register. Your child will learn how to cook with nutritious ingredients, how to read a recipe, kitchen safety tips, measuring techniques, knife skills, and more! Hannah's Kitchen welcomes all children with diverse abilities to learn in our inclusive, adaptive kitchen.

Classes are free and graciously funded by the Hannah Peretsman Breene Foundation.

Location: Hannah's Kitchen at the Rev. Dr. Ronald B. Christian Community Health & Wellness Center - 208 Lyons Avenue, Newark, NJ

To register, email: Alyssa.Smolen@rwjbh.org or call [973-926-7371](tel:973-926-7371). Please

Note: No class February 4, 2025.



Does Your Child Struggle to Understand the Emotions of Others?



If your child:

- has sustained a traumatic brain injury (TBI) at least 1 year ago
- is between the ages of 9-17 years old
- is experiencing difficulties in understanding others emotions
- has no other neurological illness
- is able to speak and read English fluently
- is able to use a computer

They may be eligible to participate in a new study investigating whether an emotional processing program can improve the interpretation of others emotions in children and adolescents following traumatic brain injury (TBI).

Requirements:

- 45 minute screening evaluation for full study inclusion.
- 8 weeks total of participation broken down in the following:
- **Week 1:** 3-hour visit for paper-and-pencil tests and questionnaires.
- **Weeks 2-7:** 45-60 minute sessions twice per week for six weeks, during which your child has a 50/50 chance of either undergoing experimental treatment for processing emotions or participating in computer exercises.
- **Week 8:** 3-hour visit for paper-and-pencil tests and questionnaires.

This study can be completed entirely remote! Testing will take place using a HIPAA compliant online platform.

Participants who complete this study will receive \$300 for their time.

For more information, please contact:

Clarice Bourland

Kessler Foundation

973-323-3678, cbourland@kesslerfoundation.org



Need Medical Equipment or Have Some to Donate

Did you know...

The Medical Equipment Ministry collects and donates a variety of medical equipment at no cost to you!

How does it work?

The Ministry collects medical equipment donations and makes them available to those in need. The equipment is given out at no cost, for as long as it is needed. Simply return it or pay it forward and you are done.

What type of medical equipment is available?

Hospital beds, wheelchairs, scooters, motorized wheelchairs, crutches, canes, walkers, commodes, lifts, adult diapers, shower seats, bed rails, rolling tables, transport chairs, and more.

**For more Information please contact
the Medical Equipment Ministry:**

ppch.org

908-396-6057

279 U.S. 202

Bedminster, NJ 07921



Children's Specialized Hospital does not endorse any commercial products or services.



Necesitas Equipo Medico O Tienes Algo Que Donar?



Sabias Que...

El Ministro de Equipos Medicos recoge y dona una variedad de Equipis Medicos sin costo para usted!

Como Funciona?

El ministro recauda donaciones de equipos medicos y las pone a disposicion de los necesitados. El equipo se entrega sin costo alguno, durante el tiempo que sea necesario. Simplemente devuelvelo o pagalo y listo.

Que Tipo de Equipo Medico esta Disponible?

Camas de hospital, sillas de ruedas, scooters, sillas de ruedas motorizadas, muletas, bastones, caminantes, equipo basico para ir al bano, ascensores, panales de adultos, sillas de ducha, barandillas de cama, mesas rodantes, sillas de transporte, y mas.

**Para mas Informacion Comuniquese con
Ministro de Equipo Medico:**

ppch.org

908-396-6057

279 U.S. 202

Bedminster, NJ 07921



Friday Night Fever!



WHAT: A social group for teens ages 13-21 years old

When: Friday nights

Register: CSH.recdesk.com or call **908-301-5548**

Friday Night Fever is a membership-based social program for teens and young adults. This program provides monthly events virtually, on site and in the community to promote independence. Status of virtual/in-person events coincides with the CDC and CSH guidelines at the time of the events. All new applicants must trial to insure they're an appropriate fit. The current annual fee is \$300.

Friday Night Fever offered in Mountainside area within 30 minutes surrounding:

Children's Specialized Hospital

150 New Providence Road

Mountainside, NJ 07092

Friday Night Fever offered in Toms River area within 30 minutes surrounding:

Children's Specialized Hospital

94 Stevens Road

Toms River, NJ 08755



CSH Activity Connection_English



Scan this code with your smartphone or tablet to view program offerings, access calendars, and register for events.

Activity Connection

Activity Connection provides recreational, sports and social activities for children, teens and young adults with diverse abilities. Our programs create an ideal environment for participants to make new friends and enjoy new experiences. All programs are led by Children's Specialized Hospital's therapists, certified program instructors, coaches and trained volunteers who provide age-appropriate and safe activities in an inclusive and fun environment.

Register for programs today!

Register online:
csh.recdesk.com

Register over the phone:
800-301-5510

activityconnection@childrens-specialized.org

Program Opportunities:

In-person Recreation Programs

- Court Sports, Social Club, Individual Aquatics, Play Times and Teen Nights.

Virtual Recreation Programs

- Weekly Zumba and Yoga
- Monthly Musical Me!

Summer Camps

- Camp Pal's Paradise and Camp Chatterbox



CSH Activity Connection_Spanish



Escanee este código con su teléfono
o tableta para ver las ofertas de
programas.

Activity Connection



Activity Connection ofrece actividades recreativas, deportivas y sociales para niños, adolescentes y adultos jóvenes con diversas habilidades. Nuestros programas crean un ambiente ideal para que los participantes hagan nuevos amigos y disfruten de nuevas experiencias. Todos los programas están dirigidos por terapeutas recreacionales, personal de recreación comunitaria y voluntarios del Children's Specialized Hospital y instructores certificados del programa, que brindan actividades seguras y apropiadas para la edad en un ambiente inclusivo y divertido.

Registrar aquí:

csh.recdesk.com

908-301-5548

activityconnection@childrens-specialized.org

Opciones virtuales y presenciales!

En persona:

- Court Sports, Social Club, Individual Aquatics, Play Times y Teen Nights!

Híbrido y Virtuales:

- Híbrido Zumba y Yoga
- Virtuales mensuales Musical Me!

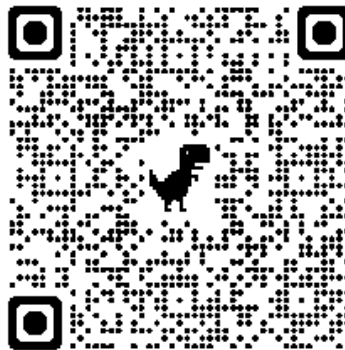
Campamento:

- Camp Pal's Paradise and Camp Chatterbox



New Support Corner for Parents

Children's Specialized Hospital's NEW Support Corner for Parents & Caregivers



The CSH Family Advisory Council has created an online support corner for parents and caregivers of children with special healthcare needs. This page provides access to blogs, resources, support groups and monthly events to ensure families have the support they need on their healthcare journey. Check out all the page has to offer below and visit rwjbh.org/cshsupportcorner to learn more.



NJDOE's Transition Toolkit

New Webinar Alert!

Special Education Webinar Series The Arc of New Jersey Family Institute Transition planning begins at age 14 when the student and their IEP team start to discuss long term goals of postsecondary education, employment, and daily-living skills.

These services should always be a combination of in-class instruction and community-based experience aimed at helping a student achieve their long-term goals. This presentation will provide an overview of the resources available through the New Jersey Transition Toolkit located on the NJ Department of Education website. The Transition Toolkit can help parents and professionals understand their role in preparing children for life after high school and also contains information about state agencies that can assist in transition.

Recording is available [Here](https://bit.ly/doetransitionwebinar): bit.ly/doetransitionwebinar



Summer Bilingual Program for PreK Latino Families Research Study

**Entering Kindergarten?
Spanish-speaking or are
you bilingual in English/Spanish?**



**Help us with our bilingual family
wellness program for Latino families!**

If your child is entering kindergarten this Fall you may be eligible!



Learn about health
topics like sleep and
nutrition!



Letter introduction in
Spanish and English!



Read books in
Spanish and English!

Interested?

Text or call us at: 732-867-8087 or
email us: ready4k@rwjms.rutgers.edu

What does the study involve?

Some families may
attend **8 ONLINE
summer classes** that
last ~60 minutes each

Complete **3 surveys**
via **phone/zoom** with
your child over one
year

**Flexible evening
and weekend hours!**

All participants receive a **backpack with school supplies**
and resources and up to **\$75 in gift cards!**



RUTGERS
Robert Wood Johnson
Medical School
RUTGERS

Graduate School of Education

Interested?

Text or call us at: **732-867-8087**
or email us: ready4k@rwjms.rutgers.edu

Protocol Version and Date: v.12; 3/13/2023



RUTGERS | eIRB
APPROVED

IRB ID: Pro2021001575
Approval Date: 8/2/2023
Expiration Date: 8/1/2025



Summer Bilingual Program for PreK Latino Families Research Study



¿Entrando al Kinder?
¿Habla español o es usted
bilingüe en inglés/español?



¡Ayúdenos con nuestro programa
bilingüe sobre la lectura y la salud!

Si su hijo/a ingresará al kinder en el otoño ¡puede ser elegible!



¡Aprenda sobre
temas de salud como
la nutrición!



¡Introducción a las
letras en español e
inglés!



¡Se leerán libros en
español e inglés!

Interested?

Text or call us at: 732-867-8087 or
email us: ready4k@rwjms.rutgers.edu

¿En qué consiste este estudio de investigación?

Podría asistir a **8 clases**
en línea de ~60
minutos durante
el verano

Complete **3 encuestas**
por teléfono/Zoom
con su hijo/a durante
un año

¡Horario flexible de
tarde y fin de
semana!

¡Todos los participantes recibirán una mochila con útiles
escolares, recursos y hasta \$75 en tarjetas de regalo!

¿Interesada/o?



RUTGERS
Robert Wood Johnson
Medical School
RUTGERS
Graduate School of Education

Llámenos o envíenos un mensaje de texto al:

732-867-8087

o envíenos un correo electrónico:

ready4k@rwjms.rutgers.edu

Protocol Version and Date: v.12; 3/13/2023



RUTGERS | eIRB
APPROVED

IRB ID: Pro2021001575
Approval Date: 8/2/2023
Expiration Date: 8/1/2025

Tips for Families for Preschool Disabled

page 1 of 4



There are many benefits to getting a jump start on your child's development. We are fortunate to have in the State of NJ through our public school districts wonderful programs for children who need some extra help.

This is the perfect opportunity for you to participate in your child's education from the start. If you, your child's doctor, or therapist have concerns about your child's development, your child may receive a free evaluation in their local school district to determine if they are eligible for free special education services during the preschool years.

The Individuals with Disabilities Education Act (IDEA) –identifies which children are eligible to receive Preschool Special Education services.

There are two sets of criteria:

1) Age Requirements:

To receive Preschool Special Education services, your child must be at least three years old.

Preschool Special Education services may continue until your child enters or is eligible to enter kindergarten.

2) Requirements Related to Disability: In addition to the age limits, to receive Preschool Special Education services, your child must (1) have a disability; AND (2) need special education and related services because of the disability. (N.J.A.C. 6A:14-1.1 General Requirements)



Tips for Families for Preschool Disabled

page 2 of 4

Steps to Follow:

Contact your local school district to find out the name and address of the Director of Special Services or the Supervisor of Special Services.

Write a short letter expressing your concerns for your child. (Sample template on back)

Mail, email, or personally deliver the letter to your school district. Keep a record of the person and date of when the letter was received.

If you do not hear from the district within the 20 calendar days call the Special Education Department and the local district and ask for the status of your request. *School Districts have 20 calendar days (N.J.A.C:-2.3 Parental, Notice, Participation and Meetings) from the time of receiving the letter to get back to you.

Positive Tips for Partnering with your School District:

- Share your child's story.
- Be your child's cheerleader and celebrate the successes
- Good Communication is key.
- Enjoy your child and celebrate their achievement in transitioning to pre-school.



Tips for Families for Preschool Disabled

page 3 of 4 - in Spanish

Consejos para las familias de personas con discapacidades en edad preescolar

Son muchos los beneficios de comenzar a tratar el desarrollo de su hijo/a. En el Estado de Nueva Jersey tenemos la suerte de contar con maravillosos programas para los niños que necesitan ayuda extra, a través de nuestros distritos de escuelas públicas. Es la oportunidad perfecta para participar de la educación de su hijo/a desde el comienzo.

Si usted, el médico de su hijo/a o el terapeuta tienen dudas sobre su desarrollo, puede realizar una evaluación gratuita en su distrito escolar local para determinar si puede recibir servicios gratuitos de educación especial durante los años de preescolar.

La Ley de Educación para Personas con Discapacidades (IDEA) identifica qué niños son elegibles para recibir servicios de educación preescolar especial.

Hay dos grupos de criterios:

- Requisitos de edad: Para recibir servicios de Educación especial preescolar, el niño debe tener por lo menos 3 años de edad. Los servicios de educación preescolar especial pueden continuar hasta que el niño comience o sea elegible para comenzar el jardín de infantes.
- Requisitos relativos a la discapacidad: Además de los requisitos de edad, para recibir servicios de educación preescolar especial, el niño debe (1) tener una discapacidad; Y (2) requerir educación especial y servicios relacionados debido a dicha discapacidad. (Código Administrativo de Nueva Jersey [N.J.A.C., por sus siglas en inglés] Sección 6A:14-1.1, Requisitos Generales)



Tips for Families for Preschool Disabled

page 4 of 4 - in Spanish

Pasos a seguir:

Comuníquese con su distrito escolar local para averiguar el nombre y la dirección del director o supervisor de servicios especiales.

Escriba una breve carta en la que describa las preocupaciones que tiene sobre su hijo/a. (Modelo en el reverso)

Puede enviar la carta al distrito escolar por correo, e-mail o entregarla personalmente. Registre quién recibe la carta y en qué fecha.

Si no tiene respuesta del distrito dentro de los 20 días corridos, llame al Departamento de Educación Especial y al distrito local y pregunte por el estado de su solicitud. *Los distritos escolares tienen 20 días corridos (N.J.A.C: 2.3 Padres, notificaciones, participación y reuniones) a partir del momento en que reciben la carta para ponerse en contacto con usted.

Sugerencias positivas para colaborar con su distrito escolar:

- Comparta la historia de su hijo/a.
- Aliente a su hijo/a y celebre sus éxitos.
- La buena comunicación es clave.
- Disfrute de su hijo/a y celebre el logro de pasar a preescolar.



Travel tips from one family to another (English)

Tips for flying:

- Carry all medications in a carry on bag and in the original containers
- Look up the appropriate [TSA procedures](#) in advance to avoid delays at security
- Consider contacting [TSA Cares](#) in advance, they can arrange for an escort through security to ensure the process goes smoothly. Inform them of any medications, liquids or equipment you may be traveling with
- If you are flying with a child who requires oxygen or if they are on a ventilator, contact the airline in advance to ensure their needs can be addressed safely
- Flying with a power wheelchair requires planning ahead. Follow this link for some great tips: [Tips for Air Travel with a Power Wheelchair](#)
- Familiarize yourself with the [Airline Passengers with Disabilities Bill of Rights](#)

Tips for traveling by car:

- Take frequent breaks
- If your child is traveling in a wheelchair, be sure to perform pressure relief as needed
- Ensure your child stays well hydrated (even if it means frequent bathroom breaks!)
- Consider planning stops near a park, playground, or other area where your child can move around and take a break from sitting



Travel tips from one family to another (English)

General travel tips:

- Have a “Go Bag” ready with additional supplies, snacks and activities in case of any travel delays
- Bring your accessible parking placard, even for international travel
- Movies/TV shows can really help pass the time. If you have access to a tablet, download a few different options and be sure to have a backup charger just in case
- Confirm with your hotel that you have booked a room that accommodates your needs
- A simple [ID card](#) in your child's pocket can be helpful, particularly if your child has a tendency to wander
- Traveling with a doctor's note detailing your child's diagnosis may make it easier to access support and accommodations
- Plan well and enjoy your travels!



Travel tips from one family to another (Spanish)

Consejos para volar:

- Lleve los medicamentos en un bolso de mano dentro de sus recipientes originales
- Investigue los [procedimientos de la TSA](#) adecuados con anticipación para evitar demoras
- Considere ponerse en contacto con [TSA Cares](#) con antelación; podrán disponer una escolta para los controles de seguridad y garantizar que el proceso se desarrolle sin contratiempos. Infórmeles sobre los medicamentos, líquidos o equipos que lleve con usted
- Si está volando con un niño que necesita oxígeno o si está conectado a un respirador, comuníquese con la aerolínea para asegurarse de que puedan satisfacerse sus
- Para volar con una silla de ruedas eléctrica, es necesario planificar con antelación. Ingrese a este enlace para ver otros consejos útiles: [Consejos para viajar en avión con una silla de ruedas eléctrica](#)
- Conozca los [derechos de los pasajeros aéreos con discapacidad](#)

Consejos para viajar en auto:

- Paren con frecuencia a descansar
- Si su hijo está viajando en una silla de ruedas eléctrica, asegúrese de aliviar la presión según sea necesario
- Asegúrese de que su hijo esté bien hidratado (incluso si esto significa ir muchas veces al baño)
- Considere planificar paradas cerca de un parque, patio de juegos u otra zona donde su hijo pueda moverse y caminar



Travel tips from one family to another (Spanish)

Consejos generales para viajar:

- Tenga listo un kit con insumos adicionales, refrigerios y actividades en caso de que se retrase el viaje
- Lleve su permiso de estacionamiento accesible, incluso para viajes internacionales
- Las películas/los programas de televisión pueden ayudar a pasar el rato. Si tiene una tableta, descargue diferentes opciones y asegúrese de tener un cargador de repuesto por las dudas
- Asegúrese de que el hotel que ha reservado se ajuste a sus necesidades
- Una simple [tarjeta de identificación](#) en el bolsillo de su hijo puede ser de ayuda, en especial si su hijo suele deambular
- Viajar con una nota del médico en la que se detalle el diagnóstico de su hijo puede facilitar el acceso a apoyo y a adaptaciones
- Planifique bien y disfrute de sus viajes



Parent Training - Using simple ABA techniques in everyday situations

Online support group for caregivers - Support on the Journey

Topic: Addressing a behavior:

Using simple ABA techniques in everyday situations.

Online Event: Tuesday, June 24, 2025 from 10:00am to 11:30am, ET

Presented by:

Celine Moglia, Education Clinical Coordinator

Early Intervention Program, Children's Specialized Hospital

This is a Zoom event. [Click here to register.](#)

Or scan



Note: You will receive a reminder and the meeting link via email two days before this event. Questions can be submitted before this session to Sandra at sjohnson@childrens-specialized.org.



Westfield Barbershop & Shave Parlor

**SENSORY
SUNDAYS**



LAST SUNDAY OF EACH MONTH
Starting 2.23

10-2PM

- QUIETER EQUIPMENT (NO BLOW DRYERS)
- ALL SCISSORS IF NEEDED
- NO MUSIC
- CARTOONS OR COOL VISUALS ON TVS
- SENSORY TOYS

[Westfield Barbershop & Shave Parlor](#)

Phone: 908-342-6070

Email: Westfieldbarbersnj@gmail.com

Address: 23 Elm St Westfield NJ, 07090

OPENING HOURS

Mon-Tues: 9am- 7pm

Weds - Fri: 9am - 8pm

Saturday: 9am - 5pm

Sunday: 10am-3pm

Special needs Martial Arts



Power Half Wrestling
& Mixed Martial Arts

SPECIAL NEEDS MARTIAL ARTS



Services Offered:

- ✓ Martial Arts Disciplines
(Jiu-Jitsu, Wrestling, Striking, Self-Defense)
- ✓ Strength Building
- ✓ Coordination
- ✓ Cardio Fitness

Class Schedule:

Mondays
6:30pm - 7:15pm

Location:
39 Wrightstown-Cookstown Road
Cookstown, NJ 08511

**Special needs
Martial Arts
in Burlington County,
Cookstown Nj**

Contact Us:

-  powerhalfwrestling@gmail.com
-  www.powerhalfwrestling.com
-  609-901-4950
-  @powerhalfwrestling
-  @power_half_wrestling



FREE UPCOMING ONLINE MUSIC EVENTS

Upcoming Online Events



Pajama Party Sing-Along

Jun 11, 7 PM — 8 PM EDT

Open Mic Night

Jun 25, 7 PM — 8 PM EDT

Open Mic Night

Jul 30, 7 PM — 8 PM EDT

Disability Pride Dance Party

Jul 16, 7 PM — 8 PM EDT

Disability Pride Afternoon Dance Party

Jul 18, 12 PM — 1 PM EDT

[SIGN UP](#)

Our DMF On-Demand Channel is your destination for fun, educational, and interactive content. With a variety of new and original content, ranging from two minutes in length to almost an hour, there is something for everyone. Check out the latest video, explore our music and disability awareness series, or enjoy the thought-provoking and uplifting "Songs from the Heart" - written by Daniel Trush & Gerry Powers.

[EXPLORE ALL ON YOUTUBE](#)



Project SEARCH Applications Now Available



Mission to Transition - Project SEARCH Applications Now Available

Project SEARCH is a one-year, intensive employment skills training program based inside Overlook Medical Center in Summit, NJ. Students spend an entire school year on-site at the hospital rotating through three different internship experiences. They also receive 90 minutes of classroom-based instruction per day on topics related to employability and independent living. Students are strongly encouraged to take public transportation to and from Overlook, and the program offers comprehensive travel training the summer before the program begins in collaboration with the NJ Travel Independence Program at Rutgers.

Project SEARCH is accepting applications on a rolling basis. We will schedule interviews with students and their families after all application materials are received.

To learn more about SEARCH visit:

<https://projectsearch.us/transition-to-work/>

For questions, please reach out to Josh Bornstein at jbornstein@ucesc.org



Family Engagement Through Summer Programs – zoom session for parents



Nurturing bonds for a brighter future

JUMPSTART YOUR SUMMER: FAMILY ENGAGEMENT THROUGH SUMMER PROGRAMS

There are many types of programs to consider for the summer months, each offering unique experiences. Depending on the specific interests or needs of the participants, summer camp options can vary from outdoor adventure to creative arts, academic enrichment, or even professional skill development. Join us for an engaging webinar tailored for families, educators, and community-based organizations to help you get ahead of the deadlines and prepare for the summer! Discover how to make the most of summer with exciting opportunities for students of all ages.



Date: February 11, 2025



Time: 11:00 AM to 12:00 PM



Scan the QR code or



[Click this link to register](#)



*The New Jersey Family Engagement Hub is
a project of SPAN funded by the U.S.
Department of Education.*



Fomentando vínculos para un futuro mejor

COMIENZA TU VERANO: PARTICIPACIÓN FAMILIAR A TRAVÉS DE PROGRAMAS DE VERANO

Existen muchos tipos de programas a considerar para los meses de verano, cada uno de los cuales ofrece experiencias únicas. Dependiendo de los intereses o necesidades específicas de los participantes, las opciones de los campamentos de verano pueden variar desde aventuras al aire libre hasta artes creativas, enriquecimiento académico o incluso desarrollo de habilidades profesionales.

¡Acompáñenos en este interesante seminario virtual dirigido a las familias, educadores y organizaciones comunitarias, que le ayudará a prepararse para el verano y anticiparse a las fechas límites! Descubra cómo aprovechar al máximo el verano con interesantes oportunidades para estudiantes de todas las edades.



Fecha: 10 de Febrero, 2025



Hora: 11:00 AM a 12:00 PM



Escanea el código QR o



[haga clic en el link para registrarse](#)



*El Centro de Participación Familiar
de NJ es un proyecto de SPAN, financiado
por el Departamento de Educación de NJ*



Open Play at LifeTown in Livingston NJ

Family Fun Sundays



Fun for the whole family! Play in the gym, experience the sand room and sensory rooms, explore the playground, or create in the art room. *Please note that the LifeTown Shoppes are NOT included. Parents/guardians must remain with their children at all times. Ages 0-10. **10:00 am to 12:00 pm**

Sunday, June 15

Sunday, June 29

Sunday, July 13

Sunday, July 27

Sunday, August 24

LifeTown, 10 Microlab Road,
Livingston

[REGISTER](#)





Sensory Friendly Movie Day

The poster features a light blue background with large, colorful puzzle pieces in shades of yellow, purple, and blue. At the top center is a logo for 'Nassan's Place' featuring a house and a sun. Below this, the text 'SENSORY FRIENDLY MOVIE DAY' is written in large, bold, blue letters. Underneath, it says 'Animated Movie: "A Minecraft Movie"' in black. In the center is a movie poster for 'A Minecraft Movie' showing a bee character with a pixelated body flying over a green, blocky landscape. Below the movie poster, the date '05 APRIL' is on the left, the location 'CityPlex12 360-394 Springfield Ave Newark, NJ' is in the middle, and the time '9:30 AM' is on the right. At the bottom, it says '\$12 Admission: Includes movie ticket, popcorn, drink, & fruit snack' and 'To register visit www.nassansplace.org or Scan the QR Code'. A QR code is located on the bottom left. The bottom of the poster has a blue bar with the website 'www.nassansplace.org' and the phone number '973-424-7781'.

**SENSORY FRIENDLY
MOVIE DAY**

Animated Movie: "A Minecraft Movie"

**05
APRIL** | **CityPlex12**
360-394 Springfield Ave
Newark, NJ | **9:30
AM**

**\$12 Admission: Includes movie ticket,
popcorn, drink, & fruit snack**

To register visit www.nassansplace.org
or Scan the QR Code

www.nassansplace.org 973-424-7781

Sensory Friendly Movie Day

April 05, 2025 @ 9:30am

360-394 Springfield Ave

Newark NJ

**\$12 admission include movie ticket,
popcorn, drink, and fruit snack.**

Caretakers of Special Needs Children Support Group & Diner

Date and time: Tuesday, April 22 2025, 5:30 - 6:30pm EST

Location: Pinelands Family Success Center
55 Pemberton Browns Mills Road Browns Mills, NJ 08015

Join us for an evening of friendship and support as we discuss our challenges and achievements in our Caretakers of Special Needs Children Support Group. Led by local community members, it's a great place to make new friends as well! **Dinner provided.**

Register Online: www.pinelandsfsc.org

To successfully finalize your registration, we require all the necessary information at check-out, including:

- **Full Name, Address, Email Address, Telephone Number**
- **Names and Ages of all household members**

This information is essential for us to proceed with your registration Thank you!

If you need any assistance, don't hesitate to reach out to the **Pinelands Family Success Center** via phone or email — we're happy to help!



Pancakes for Children with Autism and Disabilities!



Welcome to **Pancakes for Autism!** Join us at **Applebee's Grill + Bar** for a delicious morning of pancakes and support for autism awareness. Come together with friends and family to enjoy a stack of fluffy pancakes while raising funds for a great cause. Let's make a difference and spread awareness about autism in a fun and tasty way. Don't miss out on this opportunity to show your support and enjoy a tasty breakfast at the same time. See you there! Small prizes for raffle!

Sunday, April 6 • 8 - 10:30am EDT

** Proceeds will benefit Camp Fatima of New Jersey. To learn more about Camp Fatima of New Jersey please visit www.campfatimanj.org



Virtual - Together in Song

Do you love to sing? Find the music in you! Together in Song is an all-inclusive community choir designed for individuals with or without disabilities. Sessions will take place online every Sunday at 2 PM. To register, get the song list and Zoom link, please email Together.in.song.CC@gmail.com

This event is sponsored by the Camden County Board of Commissioners for individuals with disABILITIES and special needs. If you are interested in participating in any of these activities or know someone who might be, please contact Karen Weidner at karen.weidner@camdencounty.com or by phone at 856-216-2127.

VIRTUAL MEETING

Please visit the website for recurring dates

<https://www.camdencounty.com/events/>



Making It Better, Together.



Annual Autism Awareness Family Fun Day in Newark

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



Annual Autism Awareness
Family Fun and Resource Day

April 12, 2025 @ 11am to 2pm

Mulberry Commons
162 Mulberry St

Newark NJ

Annual
AUTISM
AWARENESS
FAMILY FUN/RESOURCE DAY

NEWARK
Mayor Ras J. Baraka

Lawrence Ching
Councilman At-Large

EMPOWER U
with purpose, not power

Please Join Us For a Great Day of
Autism Awareness, Community Unity, Fun, Resources,
Giveaways, & More...

SATURDAY, APRIL 12, 2025 | 11AM-2PM

RAINDATE: MAY 03, 2025

MULBERRY COMMONS
162 MULBERRY ST. NEWARK, NJ

PLEASE VISIT THE LINK TO REGISTER
[HTTPS://TINYURL.COM/AADFFRD2025](https://tinyurl.com/AADFFRD2025)

OR SCAN THE QR CODE

Music by
Hot 97's
DJ Wallah

MC
Tray
Kearney

FREE DENTAL CARE FOR KIDS

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



ADA®



Through the ADA Foundation's Give Kids A Smile program, launched nationally by the American Dental Association in 2003, more than 5 million undeserved children have received free oral health services. These free services are provided by approximately 10,000 dentists annually, along with 30,000 other dental team members.

Each year, here in NJ, more than 100 dental practices and clinics participate in this one-day event.

[2024 LOCATION CALENDAR + LIST](#)



Sexual Health Equity for People with I/DD



Sexual Health Equity for People with I/DD

Did you know many people with disabilities do not receive access to sexual health education? This can be a difficult topic for some to navigate, but thankfully Oregon Health & Science University has put together a wonderful guide and resource portal on this topic, including how to help people with I/DD learn who they are, what their rights are, how to express themselves, and how to build healthy relationships.



[Check it out](#)



Adaptive Swim



NEW! We now have Angelfish trained swim instructors at the JCC! These instructors specialize in teaching swimmers with motor or sensory delays!

This one-on-one 30-minute aquatics class, taught by our Angelfish trained swim instructors, is ideal for children with special needs. Lessons are adapted to each child's specific strengths and needs. Our aquatics staff can help even the most hesitant child enjoy the water!

Single 30-minute lesson

Price: \$60, Member Price: \$45

Four 30-minute lessons

Price: \$240, Member Price: \$180

PLEASE NOTE: An intake form is required. To begin the intake process, please contact Jade Evans, Aquatics Director, at jevans@jccnj.org or x259.

Lessons must be paid for by the first day of class. Private lessons must be completed over a **6-week period**. In the event of cancellation, please notify the instructor or Aquatics Director at least **4 hours prior to the start of the lesson**. **If 4 hours notice is not given, you will be charged the cost of that lesson. No credit given for uncompleted lessons.**



[Click For More Information](#)



Buddy Baseball



<https://www.buddyball.net/>
[Check it out](#)



Buddy Ball
Special Needs Athletic League
PROGRESSIVE DIRECTIONS, INC.

What Is Buddy Ball?

Buddy Ball is a year-round, non-profit, special needs athletic league. We strive to provide non-competitive sports and special events to individuals who have physical, intellectual and/or developmental disabilities to give them an opportunity to play sports, regardless of their disabilities. There is a long list of sports that are part of the Buddy Ball program including bowling, street hockey, basketball, bowling, soccer, baseball and flag football. The nature of these activities teaches teamwork, promotes self-esteem, turn-taking, physical fitness, and social skills. The league also strengthens support networks for our athletes and their families.

The program serves adults and children ages 3 and up in Montgomery County and surrounding areas. There's no charge for participating in any of the sports or activities.

Featured sports are Basketball, Baseball, Bowling, Street Hockey and Swimming. Additional special events are the Buddy Ball Prom, Easter Egg Hunt, and a Christmas Parade.



We want to hear from Individuals with I/DD and their family members!

Participate in a Focus Group to share your perspectives on:

The ways in which people with I/DD from underserved communities and their families access information about services and supports.

Your feedback will help to inform the New Jersey Council on Developmental Disabilities about the ways in which information about supports and services can be most effectively shared in underserved communities.

To register, fill out the
[Pre-participation survey here](#)

Stipends will be provided to those who are selected to participate in the focus groups.



THE BRIDGE

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Infant Research Study at Rutgers

Institute for the Study of Child Development Where Science and Baby Minds Meet

The Institute for the Study of Child Development at the Rutgers Robert Wood Johnson Medical School invites you and your infant (4 – 24 months of age) to participate in a free research study on how infants learn about their world through vision and hearing and interaction, and how this might identify at-risk infants.

You together with your baby will watch a few short videos of moving objects and talking faces, and also spend some time interacting with each other face-to-face.

We make appointments to fit your schedule
Appointments last approximately 45 minutes
Please contact Stacey at (732) 235-7700 Or
napolisl@rwjms.rutgers.edu



Bayville Elks Fun Event



Hi, thank you for your interest in Studio Route 29! We are a community space for all, and a supported art studio specifically for artists with intellectual and developmental disabilities. This page is for people who want to join our supported studio program. We do not require previous art experience, only an interest in art. The cost is sliding scale, \$0-100 (your choice). We take out of pocket payment or Medicaid goods and services money. We are looking forward to hearing from you!

**62A TRENTON AVE. SUITE 2, FRENCHTOWN NJ
08825**

(908) 248-2438

Hours:

Wednesday

10am - 1pm and 1pm-4pm

Thursday

10am - 1pm and 1pm-4pm

Friday

9am - 12pm

Saturday

11:30 - 2:30





Dads Support Group

Better Together Dads Support Group

Fathers play a large role in their children's development. Our goal is to educate, equip and empower parents to become effective advocates for their children and to develop the parenting, coping and resilience skills needed to have a happy, healthy, and successful family.

This Support Group for Dads is a safe place for connection with other passionate dads, to learn innovative approaches to parenting; while building on their strengths; and supporting them, as necessary.

Join Us Every Month on the First and Fourth Thursday!

Meeting ID 839 1723 9351



Community-based alternatives to police in your city

Find alternatives to calling the Newark Police Department.



[HOUSING](#)

[LGBTQ+](#)

[MENTAL HEALTH](#)

[DOMESTIC VIOLENCE & SEXUAL ASSAULT](#)

[YOUTH](#)

[ELDERS](#)

[CRIME](#)

[SUBSTANCE ABUSE](#)

Typically, people call the police because they are experiencing or perceive an emergency and need immediate assistance. In order to provide the most effective alternatives to calling the police or 911, unless otherwise indicated, the resources included here are limited to those that offer immediate assistance through emergency or crisis services.



Bringing Up Down Syndrome



Bringing Up Down Syndrome is a southern New Jersey non-profit organization whose purpose is to help families who have children with Down syndrome by offering a variety of programs and services. BUDS provides services to more than 300 families in Camden, Burlington, and Gloucester Counties.

For more information about BUDS, please visit

BringingUpDownSyndrome.org





SPAN NJ Upcoming Events

SPAN offers a variety of learning opportunities for families and the professionals who work with them. Check out our [Event Calendar here](#) for details and registration links

Upcoming Events include:

- [Education and Health Care Rights in the Juvenile Justice System](#)
- [Empowering Women Resilience Information Session](#)
- [Starting and Running an Effective SEPAG](#)
- [Virtual Town Hall - COVID-19 Vaccine Information for Families](#)
- [Reunión Comunitaria Virtual Vacunas COVID-19](#)
- [Basic Rights in Special Education](#)

More events

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Navigating the Journey Virtual Workshops (1 of 2)

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



DAD, YOU ROCK!

JOIN US TO CELEBRATE FATHER'S DAY WEEKEND

BBQ Free Family BBQ,
fun, games & prizes
SATURDAY, **JUNE 14**, 12PM - 5PM

**WORSHIP
SERVICE**

After Service Refreshments,
Raffle Giveaway
& Free Gifts for all dads
SUNDAY, **JUNE 15**,
10AM - 12PM

**THE
ROCK PLACE**
CONNECT - ENGAGE - IMPACT



1016-1018 BROAD ST,
NEWARK, NJ 07102



[@therockplace.org/dadyourock](https://therockplace.org/dadyourock)

therockplacechurch

Welcome to the Free Father's Day Community BBQ & Fun Day!

Come join us on Saturday June 14, 2025 for a day filled with delicious FREE BBQ, meals, ice-cream, fun family activities, sports and quality time with your dad!

Bring your family and friends to enjoy games, music, and great food. There will be something for everyone to enjoy, from sports for the kids to a fun team-building activities for all families.

Don't miss out on this opportunity to celebrate Father's Day in a fun and relaxed atmosphere. Let's make this day special for all the amazing dads out there!

We can't wait to see you there!

Special Needs / Shining Stars



Shining Stars Sports League

The Shining Stars Sports League is a great developmental opportunity for your special needs individual. League activities focus on gross motor skills, the fundamentals of each sport, and socialization.

Participants will enjoy both clinic-style instruction and games in each season. The league uses modified equipment, game play, and rules to enhance the learning and play experience. Each season is a different sport:

- Fall - Soccer & Running Club
- Winter - Basketball & Floor Hockey
- Spring - T-Ball & Pickleball

Jennifer Quirk

Program Supervisor Adaptive

Recreation & LYCS Leaders

Phone: 973-535-7925 ext. #7209

Physical Address

Livingston Senior/Community Center

204 Hillside Avenue

Livingston, NJ 07039



Teleplay Provides Live, Interactive Play for Children Affected by Rare Diseases



Project Sunshine's Rare Teleplay is a monthly virtual opportunity for children who have any rare disease and their siblings to enjoy Zoom activities and games. There is no talking about their condition or their sibling's condition. It's just about having fun and meeting other people who are living a life that's a little like theirs.



project sunshine

[Check out the Telehealth Game Library here](#)

Volunteers from California Polytechnic University entertain children from ages 5 to 18 for an hour each month. Parents don't need to be there but they can be if they want to be. This is all about the kids. It is free and it is fun.

Rare Teleplay meets via Zoom on the third Friday of each month at 7:30 PM Eastern

[Download the Rare Teleplay event here from our website to join next month!](#)



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CHUCK E. CHEESE Sensitive Sundays

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



Kids Corner

Chuck E. Cheese offers Sensory Sensitive Sundays. Participating locations open two hours early on the first Sunday of the month to provide a quieter environment with dimmed lighting and knowledgeable staff to make the experience more comfortable and enjoyable for kids with sensory needs.



[Learn More Here](#)



Weekly Zoom Series Activities

WEEKLY ZOOM SERIES Wednesdays & Fridays

The New Jersey Self-Advocacy Project team is excited to introduce our new interactive series of Zoom events! These are **live, interactive events** to promote good health.

We will be holding events on **Zoom every Wednesday at 11AM and Friday at 1PM** on a variety of topics relating to healthy living, and some events will feature **guest speakers** who will lend their expertise.

Live viewers will be able to share **comments**, ask **questions**, and **participate in real time**.
Please share your video and follow along to make this a true interactive experience!

These events are intended for adults with intellectual and developmental disabilities. The NJ Self-Advocacy Project reserves the right to take and use photographs, video, and electronic images of attendees at its agency-sponsored events for promotional and educational purposes. By ***registering, you consent to having your photo taken for promotional purposes.***

**[Each Zoom event will be a unique, online experience
you don't to miss out on, so register now!](#)**



NJ Dept. of Education: Providing Additional Services to Students with Disabilities Beyond Age 21



NJ Department of Education: Providing Additional Services to Students with Disabilities Beyond Age 21

The New Jersey Department of Education provided guidance to school districts, students, and parents/guardians of students with disabilities regarding the implementation of P.L.2021, c.109, which allows schools to provide additional or compensatory special education and related services to eligible students with disabilities beyond the age of 21.

The guidance includes information for school districts/LEAs about:

- The role of the IEP team in determining the need for additional services
- Sharing information with families about this legislation
- Dispute resolution

Reimbursements to school districts for providing additional services beyond age 21

[Review the Guidance here](#)

[View additional Guidance regarding extending the period of time to file a due process hearing request](#)

[Contact the SPAN Warmline](#)

via email for assistance related to these guidance documents or call
800-654-SPAN (7726)



THE BRIDGE



Your weekly access to SPAN news, events and resources





The Seizure ID Program

Epilepsy Alliance America will be providing more than 2,000 Seizure ID products to people with epilepsy who need them through this one-of-a-kind campaign in the epilepsy community.

The Seizure ID Program is made possible through a partnership with Greenwich Biosciences, now part of Jazz Pharmaceuticals

[Click here to learn more!](#)



Financial Aid for Students with Intellectual Disability

Resources

Financial Aid for Students with Intellectual Disability*

There are college programs for students with intellectual disabilities that are not giving out a standard college degree. These are called Comprehensive Transition and Postsecondary programs, or CTP programs. This Issue Brief is part of the 'Plain Language Series' from [ThinkCollege.](#)

It includes:

- Definition of federal financial aid
- Types of federal financial aid
- How to get financial aid

[Plain Language Series: Federal Financial Aid \(Link\)](#)

[New Jersey Inclusive Higher Education Collaborative \(Link\)](#)



THE BRIDGE

Your weekly access to SPAN news, events and resources



Mane Stream : Unbridled Possibilities for Children and Adults with Special Needs



OUR MISSION

is to improve the quality of life for individuals with physical, developmental, emotional, and medical challenges through a diverse program of equine assisted activities, therapy services, and educational initiatives.

Programs

- [WHAT WE OFFER](#)
- [THERAPY SERVICES](#)
- [ADAPTIVE RIDING](#)
- [OPERATION: TAKE THE REINS](#)
- [HORSES FOR HEALING](#)
- [SUMMER CAMP](#)
- [FIELD TRIPS](#)

[Click here for more information](#)



MANE STREAM
unbridled possibilities
For Children and Adults
with Special Needs





Special Strides Horse Therapy

Our Mission

Special Strides is a non-profit organization devoted to improving the lives of individuals with special needs. With a unique combination of therapy, horses, and the natural environment, individuals achieve goals appropriate for therapy, recreation, and education. Special Strides provides all individuals an opportunity to “Improve their lives... one stride at a time” regardless of financial status.

Our Vision

Harvesting Hope...Breaking Boundaries...Realizing Potential

Our Values

Respect...Learning...Inclusion...Empathy...Possibility...Positivity...Teamwork

The values of diversity, inclusion, and equity are central to our mission.

<http://specialstrides.com/>



Social Club for Jersey City Students



Mayor Steven M. Fulop and
The Jersey City Department of Recreation & Youth Development

Come join the FUN with our **Special Needs Program**

THE SOCIAL CLUB

Every Tuesday • 5:30pm-7pm

The Social Club is a social skills & therapeutic recreation program once a week having fun with friends. Enjoy various trips, music, games, cooking, themed activities, physical activities, holiday parties and other special guests.

Maureen Collier Senior Center
335 Bergen Avenue
Jersey City, NJ 07304

**Open to ALL
ages 5 to 24**

Parent/guardian must be present at all times.
An adaptive recreation program for those with a
developmental disability.

REGISTER ONLINE: JCREC.RECDESK.COM

CITY
JERSEY



DEPARTMENT OF
RECREATION &
YOUTH DEVELOPMENT



#HealthierJC

201-547-5760

email rmagee@jcnj.org

NOT A SCHOOL DISTRICT SPONSORED PROGRAM

Autism Awareness for Families and Educators Conference



ESSEX COUNTY COLLEGE 1ST ANNUAL

EMPOWER & CONNECT

AUTISM AWARENESS

for Families & Educators Conference

Join us for the **First Annual Autism Awareness Conference**, a dynamic event designed to bring together parents, professionals, and paraprofessionals in support of individuals with autism. This conference will provide valuable insights, practical strategies, and expert guidance to help you better understand and navigate the world of autism.

Through engaging workshops, panel discussions, and networking opportunities, you'll learn how to empower individuals on the spectrum, connect with like-minded advocates, and equip yourself with the tools needed to foster inclusive environments. Whether you're a parent seeking guidance or an educator looking for resources, this event is your gateway to understanding, collaboration, and growth.

Let's come together to build stronger connections, celebrate neurodiversity, and unlock potential for all!

SAVE THE DATE

Saturday, April 5, 2025
10:00am to 3:00pm

Location:
The NEW West Essex Campus
730 Bloomfield Ave.,
West Caldwell, NJ 07006

FOR MORE INFORMATION, PLEASE CONTACT:
Dr. Bridget Turner
Division of Social Sciences
973-877-1897 | Bturner4@essex.edu

ESSEX COUNTY COLLEGE
STUDENTS FIRST

SCAN HERE TO REGISTER!

This event is free and open to all. However, there is no childcare available.

This conference aims to raise awareness, share critical resources, and foster discussions on best practices for supporting individuals on the autism spectrum. We have assembled a dynamic lineup of expert speakers, educators, and advocates who will provide valuable insights into autism education, intervention strategies, and community support.

Event Details:

Date: 4-5-25

Location: Essex County College, NEW WEST CALDWELL CAMPUS- 730 Bloomfield Ave, West Caldwell, NJ 07006

Speakers & Sessions: Experts in autism education, therapy, and advocacy

Admission: Free/Open to the Public/Registration

Required <https://essexcountycollege.wufoo.com/forms/r7nyz1804rc1p9/>

Egg Hunt and Spring Resource Fair for children with special needs

RWJBarnabas
HEALTH

Children's
Specialized
Hospital



🌸🐰 Join us for the annual Spring Resource
Fair & Egg Hunt! 🌸🐣

Presented by the Burlington County Sheriff's
Office, Sheriff James H. Kostoplis, the
Burlington County Commissioners Office, and
the Burlington County Special Services School
District, this family-friendly event offers
valuable resources, fun activities, and an
exciting egg hunt for all! Do not miss out—
celebrate spring with us! 🌷🌟

April 12, 2025 10am to 1pm

Burlington County Special Services School. 20
Pioneer Blvd. Westampton NJ 08060



Ocean County Library's Autism Resources Fair



Ocean County Library's 8th Annual Autism Resources Fair

Families affected by autism and other developmental disabilities will be able to meet representatives of state, county, and local organizations. This event will focus on groups that serve children.

Medical professionals, educators, therapists, attorneys, and other professionals will be available to describe their services and to answer your questions.

Christine Matus, Esq., of The Matus Law Group, will deliver the Keynote Address. This program, "*Guardianship and Special Needs Planning*," will be held from 2:00 - 3:00 p.m. The Fair will also include: an appearance by balloon artist Debby Pease, therapy dogs, a coloring activity, and light refreshments. The Ocean County Library's Autism Resources Fair is sponsored by the Ocean County Library Foundation.

The Fair is free-of-charge and does not require registration; however, registration for the Keynote Address will be taken.

**Saturday, April 05
10:00am - 2:00pm**



Virtual Programs DSACNJ.ORG



WEDNESDAY PROGRAMS

Academics (3) 4:15-4:45 pm

Volunteer Instructor: Taylor

Areas of focus: weather, geography, grammar and
punctuation, fractions, decimals, percentages
(Virtual)

Arts & Crafts + Guided Drawing 5:00- 5:30pm

Volunteer Instructor: Taylor
(Virtual)

Academics 4/Life Skills 5:45-6:15

Volunteer Instructor: Abby

Areas of focus: time management, creating
schedules, money management, value of money,
leaving a tip at a restaurant, other life skills for
teenagers/adults
(Virtual)

REGISTER @ DSACNJ.ORG/EVENTS



American Dream Mall Dive Into Inclusion



DREAMWORKS WATER PARK: DIVE INTO INCLUSION

Dive into fun at DreamWorks Water Park with our special sensory-friendly event for neurodivergent individuals. Enjoy character meet and greets, limited capacity, quiet rooms, a music-free environment, and additional guest support for a comfortable and memorable experience.

June 8th | 8:30am-11am



Come make a splash at our Dive Into Inclusion event on Sunday, June 8th, from 8:30am-11am. Delight in the excitement of North America's largest indoor water park, complete with fun splashes and memorable character encounters. We are committed to providing an inclusive experience, with special accommodations such as:

- Capacity limits
- Music-free environment
- Tranquil quiet rooms
- Additional support services



Education and Health Care Rights in the Child Protection System



Learn about parent rights related to education and health care in Child Protection Services System

About this event

Is a child with a disability who you care about involved in the Child Protection system?

Are you concerned about educational rights for a child with a disability who is engaged in the Child Protection System?

Join a WORKSHOP to learn about the Child Protection System, parent rights related to special education and health care resources!

After the workshop, families will be invited to schedule an individual 30 minute appointment to review their child's IEP and/or health-related issues or concerns.

Presented by: Monique Dujue Wilson

More Information: Contact for more information

jbrinkley@spanadvocacy.org

Multiple Dates Available

[Click for Dates to Register](#)



Join Club Dreams Virtual Yoga



Club DREAMS

THURSDAY PROGRAMS

Please join
us for

Virtual Yoga
4:45pm-5:15pm



Register at dsacnj.org/events

[TO REGISTER](#)

Breaking down barriers for people with Down syndrome



Support Group for Caregivers



Support Group

For parents and caregivers of children with Special Needs

Join us virtually every other Thursday
from 6PM to 7PM.

Supporting You on Your Parenting Journey

FACT and CAU are hosting
a biweekly parent support group to help you feel supported
and lifted as a parent. This effort is supported by
Union County Children's Interagency Coordinating Council
(CIACC)

Scan the QR Code to register for the meeting



or click this link to register directly:
<https://bit.ly/33Kf8g3>

For more information contact:
Felicia Frazier
Director of Community Engagement & Resource Development
Families & Communities Together
Feliciaf@factnj.org

or
Walter Kalman
Associate Executive Director
Community Access Unlimited
wkalman@caunj.org

"Ask for help not because you're weak, but because you want to remain strong."
- Les Brown



Union
ResourceNet
Resources for Children and Families in Union County, NJ

UNION COUNTY INTERAGENCY COORDINATING COUNCIL



FACT
FAMILIES & COMMUNITIES TOGETHER

FAMILY SUPPORT GROUP



Find your community of support

Join CAU and FACT for our support group for parents and adult siblings of children and adults with disabilities! Look for our email reminders to learn whether we are having a presentation that week.

Meetings with presentations will include information about services, DDD, important timelines and more. You will have the opportunity to ask questions and gain knowledge to assist you in advocating for your child's needs.

Discussion-based meetings will focus on your needs as a parent/caregiver, including topics of health and wellness, mental well-being, coping skills and more.

You may choose to attend our discussion-based meetings, meetings with presentations, or both! Talk and connect with families who share similar experiences. Join us to share ideas and opportunities, find peer support and get answers to questions about services.

THURSDAY BIWEEKLY MEETINGS

6:00 PM

ZOOM

Community Access Unlimited | caunj.org

Our next meeting is Thursday at 6 pm. Join and connect with us!

[Register for Family Support Group](#)

[Visit our website to learn more about CAU services](#)

Community Access Unlimited | 80 West Grand St., Elizabeth, NJ 07202



Traumatic Brain Injury Board Members

Traumatic Brain Injury Survivor Board at the New Jersey Division of Disability Services

We are looking for a survivor of traumatic brain injury between the ages of 17 and 21 to serve as a member on the newly established survivor board. Please refer to the role and expectations outlined below to see if you or someone you know would be a good fit.

Role and expectations:

- Serve as a member on the NJ TBI Survivor Board and, along with the TBI Advisory Council, advise the NJ TBI Fund on pertinent issues and concerns.
- Contribute to discussions and activities in subcommittees based on experience and expertise. Subcommittees include:
 - Data Analysis and Evaluation
 - Consumer and Family Needs
 - Racial Equity
 - Resource Infrastructure and Service Providers Capacity.
- Assist in development of advocacy and prevention material and programs for TBI survivors in New Jersey.
- Convey the priorities and recommendations of the TBI Advisory Board to other relevant state or private boards, commissions, committees, or workgroups on which members participate.
- Update the TBI Advisory Board on the work of other relevant boards, commissions, workgroups, and committees.
- Contribute to discussions and implemented plans to coordinate services for individuals with traumatic brain injury.
- **If interested, please contact Sakina Ladha at: sakina.ladha@dhs.nj.gov**



Two federal programs for low income individuals: Lifeline and Affordable Connectivity



The Lifeline program and the Affordable Connectivity Program help make phone and internet service more affordable for low-income individuals. Eligible individuals also qualify for a free smartphone through the Lifeline program. If you participate in certain assistance programs like Medicaid, NJ SNAP or SSI, you automatically qualify for both federal programs. For additional information, please see this link:

<https://nj.gov/humanservices/home/digitalaccessforall.shtml>



Looking for safe, at-home activities to keep you and your family busy?

Our virtual program library is a free hub of on-demand activities that can be done from home by people with disabilities, their families, and service providers.

The library is expanding all the time and has activities in a wide variety of areas, such as arts, life skills, health and wellness, virtual clubs, and more.

Browse listings to find activities like:

- Participating in dance, yoga, and other movement activities
- Learning about internet safety
- Virtually touring places like Disney World and museums
- Making your own Jeopardy templates

Finding self-advocacy support

[Browse Programs](#)



Gas Voucher Transportation Assistance

Medicaid Program (Non-Emergency Transportation: N.E.T.): N.E.T. is a free program that offers gas money or transportation to Medicaid recipients. It pays for the expenses of taking a child to Medicaid covered doctor visits. This program provides reimbursement for travel to any non-emergent appointments, basically anything but an ambulance visit to the emergency room. Contact the Medicaid office (**number on the back of your Medicaid card**) to find out if you qualify. This is a reimbursement program. That means you must attend your appointments first, before you are paid. After you have applied for the services and are approved, you will receive a debit card in the mail. The funds will be electronically deposited to your card. You should plan on paying for your own transportation for up to three months. After that, you will have money on your debit card. Steps to take for the program:

- Call the phone number on the back of your Medicaid Card
- Select the appropriate option to connect
- Tell the service representative that you want to apply for the N.E.T. program
- Have available: your Medicaid card, your doctor's name, the date of your next appointment, and the doctor's telephone number

Other Resources:

-Salvation Army- Free gas vouchers, free gas cards for low income individuals and more general transportation help are offered at most Salvation Army locations. However, only a small number of individuals who apply for these resources will be accepted. Funding is extremely limited, and varies based on the cost of gasoline. The most common reasons for releasing funds are for help reaching school, doctor's appointment, job training, or an interview. Contact the Salvation Army or go into a local location to apply.

-Saint Vincent de Paul- Society of St. Vincent de Paul is one of the largest charity organizations. Contact the nearest Catholic Church in your town or county and inquire if they have a Society of St. Vincent de Paul Conference near you, people of all backgrounds and religions can get help. As funding and resources allow, if someone needs a bus token or free gasoline to get to a job interview or appointment, then St. Vincent may be able to provide this. Funding is very limited so only certain centers or churches will be able to offer gas.

-Local charities and religious organizations may provide financial assistance for gas or transportation.



On Track Resources



On Track Resources

We provide child study team services (case management, full child study team evaluations) to the Lakewood, NJ non public school system. We services 70+ schools through our contract with the Lakewood BOE.

Our Mission

To provide each child with a comprehensive evaluation in order to determine the best approach catered to each specific child.

[CLICK FOR MORE INFORMATION](#)



Understanding HIPPA

Understanding HIPPA: What Parents Need to Know About Privacy and Their Adult Child's Health Information

As your child grows into adulthood, both your rights and the rights of your child under HIPAA change.

[This document](#) answers frequently asked questions (FAQs) about when parents can access their adult child's protected health information.

Readers are encouraged to view this resource on-line as it includes links to additional detailed information.

Funded by Substance Abuse and Mental Health Services Administration



THE BRIDGE

Your weekly access to SPAN news, events and resources



Department of Human Services - Education & Training College Accessibility Series



Colleges and universities offer a wide range of services to ensure support to students with disabilities while providing certain basic disability access. However, the responsibility ultimately falls on the student to request the disability-related accommodations required. See the informative guides below developed by BestColleges.com to assist you in planning your post-secondary education.

[Overview of College Resources for Students with Disabilities](#)

[Financial Aid & Scholarships for Students with Disabilities](#)

[How to Access College Disability Services and Accommodations](#)

Please direct any questions regarding specific training/educational programs to the hosting agency.

College Guides for Students with Disabilities

[Physical Disabilities](#)

[Learning Disabilities](#)

[Visual Impairments](#)

[Deaf and Hard of Hearing](#)

[Psychiatric Disabilities](#)

Department of Human Services Education & Training Page

<https://www.state.nj.us/humanservices/dds/hottopics/education/>



Caregivers of
New Jersey



Art Therapy Group for Neuro divergent Young

Supportive & kind community
Coping skills, relaxation, enjoyable activity
Social support & peer connection
Skill building
Creative problem solving
Self-expression & self compassion
Wellness, positivity & quality of life enhancement

Embodied Art Therapy & Yoga, LLC
Cathy Rosa, MS, ATR-BC, RYT-200 Clinton NJ (732) 439-3385
WWW.ArtTherapyAndYoga.Com



Nourish Your Mind With Our Brand New Mid-Day Webinar Series

The Family Resource Network is inviting you to
nourish your mind with the Brunch for the Brain
webinar series!

Focusing on mental health for the person with the
disability and/or their caregiver.

The year-long webinar series take place
on the third Wednesday of every month at 12 PM
(EST).

All webinars are being offered free of charge.

[Click for more information](#)



Facebook Support Groups



Facebook groups bring together individuals who share a common interest. When you join a group that's made up of people who share the same need, you'll have multiple opportunities to receive and offer support to individuals with IDD and their families.

[CLICK HERE FOR A LISTING OF FACEBOOK GROUPS](#)

From the Community Health Law Project

NJ Human Services Announces Partnership with Community Health Law Project to Increase Access to Legal Services for Deaf and Hard of Hearing Individuals with Lower Incomes

Human Services Acting Commissioner Sarah Adelman announced on July 26th that the Department has partnered with the Community Health Law Project to increase access to legal services for deaf and hard of hearing individuals with lower incomes.

The partnership is a collaboration between Human Services' Division of the Deaf and Hard of Hearing ([DDHH](#)) and Division of Mental Health and Addiction Services ([DMHAS](#)).

Through the partnership, eligible deaf and hard of hearing individuals can receive legal assistance and supports with matters related to their public assistance, health insurance, social security benefits, landlord-tenant disputes, foreclosure defense, family law issues, consumer protection and debt collection and more. In addition, CHLP is able to meet communication access needs including ASL interpreting and captioning.

[More Info](#)



Planning For Adult Life – Guardianship Matters

Why Guardianship Matters to You

In New Jersey, the age of majority is 18. This means that by this time an individual is presumed capable of making decisions as well as taking legal responsibility for those decisions. This law does not change if a child has a developmental disability. Parents do not automatically remain their child's natural guardian. For some adults who are incapable of making decisions, guardianship may be an avenue for parents, family members, or caregiver to ensure/determine their best interest. Obtaining guardianship is an extensive process and should not be taken lightly. Guardianship entails making decisions about where a person lives, what care and supervision is required, how to interact with the medical community and if the person is deemed incapable of making decisions, they will lose rights to vote, to drive, and to marry. Only a judge can decide a person's abilities and incapacitates and considers the person's needs before appointing a guardian. An assessment is done on the individual to measure their capacity for self-determination or skills in making decisions for themselves.



There are varying degrees of guardianship:

Full Guardianship

States that the individual cannot make decision on their own behalf. This allows for the Guardian to make all legal, financial, personal, and medical decisions for the individual.

Limited Guardianship

States that the individual may need some help in certain areas. This allows for the Guardian to help only in the areas determined by the court.

Conservator

States that the individual is not incapable of making decisions however, requires assistance in financial responsibilities. If an individual is capable of understanding what they are signing, there are options of assistance that does not require a judge.

Surrogate a substitute or person to carry out a certain duty or role instead of the individual.

Representative Payee

Allows for an individual or organization to be appointed to manage the Social Security and SSI for someone who cannot manage his or her money. A payee must use the benefits to pay for the current and foreseeable needs of the beneficiary and properly save any benefits not needed to meet current needs. Helpful Link: www.ssa.gov/pubs/EN-05-10076.pdf

Dual Power of Attorney

Allows for an individual to choose a surrogate to make financial and legal decisions as well as access the persons records.

Medical Power of Attorney

Allows for an individual to choose a surrogate to make medical decisions and to access records.

Advanced Directive/ Living Will

This allows for the individual to choose a surrogate to make decisions on what medical/mental health treatments a person would accept or refuse if or when unable to communicate their choice.

Helpful Links:

www.Ganji.org

www.PlanNJ.org



SPAN's Virtual Learning Opportunities and



Browse our newly updated resource collections for articles, briefs, fact sheets, checklists, short videos, webinars, and training materials.



[Inclusion Resource Collection](#)

Here you will find resources on the benefits of inclusion for students with and without disabilities, inclusion in education, strategies and tips for families, and inclusion webinars.



[Literacy Resource Collection](#)

Here you will find materials on supporting literacy achievement in the classroom, activities to promote literacy at home and in your school/district, as well as literacy webinars.



[NJTSS Resource Collection](#)

Here you will find basic information on multi-tiered systems of support, NJTSS framework and its components, practical strategies and tips for families and parents, as well as NJTSS webinars.



SELF-DIRECTED SERVICES IN NJ AND THE ROLE OF THE SUPPORTS BROKER



We are proud to share that The Collaborative for Citizen Directed Supports assisted in developing this new resource from The Boggs's Center on Developmental Disabilities for Self-Directed Services and Supports Brokerage!

Understanding Self-Directed Services in New Jersey and the Role of the Supports Broker serves as a guide for people with disabilities, families, Support Coordinators, and Supports Brokerage providers interested in learning more about Self-Direction in New Jersey and the role of the Supports Broker in supported self-direction. Available in English and Spanish.

[Access New Resource](#)



Curious About VIANJ?

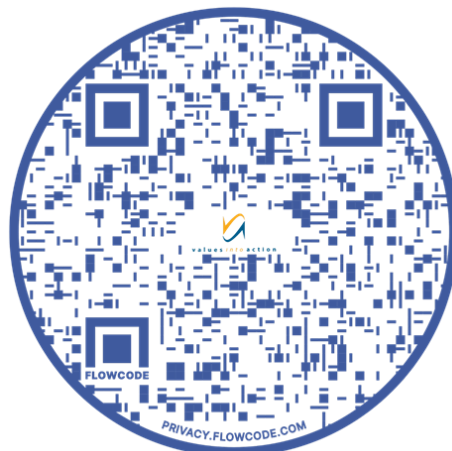


values *into* action

Supporting People with Disabilities and Their Families Since 2007

Curious About VIANJ?

Learn all about us by scanning our new QR code with your smart phone!



Autistic Volunteers are needed for a research Study



**Do you want help
managing depression?**

**Autistic volunteers are
needed for a research study!**

Researchers at Rutgers University are recruiting autistic adults for a research study to evaluate the efficacy of a 12-week mental health treatment designed to help with symptoms of depression

You may be eligible if you...

- Are at least 18 years of age
- Have a previous diagnosis of autism spectrum disorder
- Can understand English
- Have someone who will participate with you (e.g., parent, sibling, friend)

If you are eligible, you will be asked to complete:

- 12 therapy sessions (option online or in-person)
- Questionnaires and 4 assessment visits

If you participate, you will be compensated: Up to \$150 for completion of assessment visits



*If you are interested, please complete
the screening form at:*
redcap.link/depressiontreatment

If you have questions, email us at:
LifeSPANLab@gsapp.rutgers.edu

Date: 06/30/2021
Version: 1.0

Clinical Investigator: Vanessa Bal, PhD
604 Allison Road, Piscataway, NJ 08854

Title of Study: Adaptation of a Behavioral Activation
Treatment to Treat Depression in Autistic Adults

[Click to complete the screening form](#)



Updated Guide to Selecting a Support Coordination

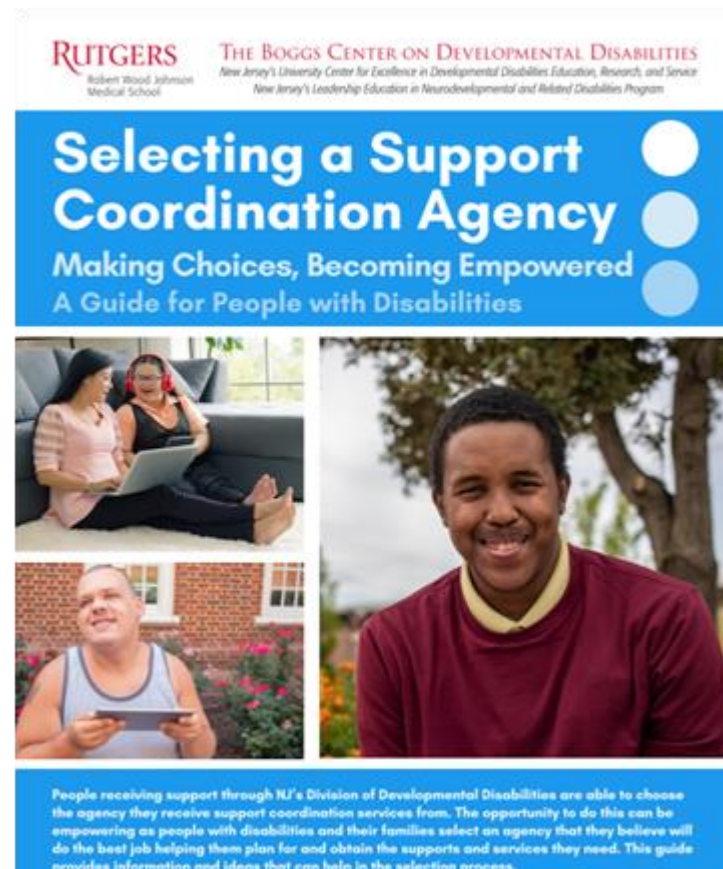


From The Boggs Center on Developmental Disabilities

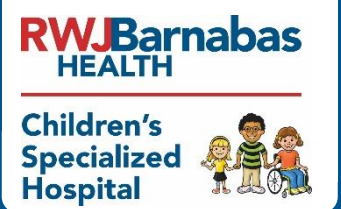
Updated Guide to Selecting a Support Coordination Agency Now Available

The Boggs Center has updated *Selecting a Support Coordination Agency: Making Choices, Becoming Empowered*, a guide for people with disabilities to use with the support of family, friends, and others close to them when choosing the agency they receive support coordination services from.

[Download Resource](#)



We're Recruiting!



Children's Specialized Hospital's **Research Center** strives to advance pediatric rehabilitation by initiating and supporting evidence-based studies that explore innovative interventions, technologies and approaches to specialized care for children and adolescents. See below for details on one of our current studies.

Study: Characterizing Action-Control in Healthy Children

This research study aims to understand how healthy children control their behavior and choose their actions. It involves completing paper-and-pencil measures, computer-based games, and brain magnetic resonance imaging (MRI). No contrast/dyes or injections will be used in the study. Results from this branch of the study will be compared to patterns of learning in children with ADHD to characterize any learning deficits in this population.

Who's Eligible?

- Healthy children with no prior medical diagnoses.
- Children between the ages of 6 and 10.
- Must be able to speak English well.
- Ability to play a computer- based game.
- Capable of undergoing an MRI scan (there will be a training session to make sure the child is able to undergo the actual MRI scan).

Participation in this study will include 2-3 visits to the following **Kessler Foundation** locations:

- 120 Eagle Rock Ave, Suite 100, East Hanover, NJ 07936
- 1199 Pleasant Valley Way, West Orange, NJ 07052

For more information, please contact:

Dr. Joman Y. Natsheh
Principal Investigator
973-391-7858, jnatsheh@kesslerfoundation.org

Michael Dacanay
Research Assistant
973-324-8453, mdacanay@kesslerfoundation.org

Participants will be compensated for their time and children who complete the MRI scan are eligible to receive a copy of the images and a certificate of completion.

[About Our Research Center](#)



Types of Medicaid Eligibility in NJ



TYPES OF MEDICAID ELIGIBILITY IN NJ

AGED, BLIND, OR DISABLED (ABD)

Supplemental Security Income (SSI) Medicaid

Provided automatically when a person with IDD is approved for SSI benefits. Apply for SSI at age 18 or above through your local SSA Office here: bit.ly/ssaoffices

Medicaid Only

For individuals with IDD who do not receive monthly SSI, but meet SSI income and resource limits. bit.ly/medicaidonly

NJ Workability

Offers healthcare to individuals with IDD ages 16–64 who are employed and whose income would disqualify them from other forms of Medicaid. bit.ly/njworkability

HOW TO GET IT

Apply for SSI at age 18
bit.ly/Apply4SSI
ABD Medicaid Application
bit.ly/ABDapplication

WHAT'S COVERED?

Doctor visits, prescriptions, x-rays, dental, lab testing, eyeglasses, mental health, hospitalization, specialist visits, hearing aids, Personal Care Assistant (PCA), Personal Preference Program (PPP)

For specific questions about Medicaid or the application process, contact Beverly Roberts at brobertsearchnj.org or 732-246-2567.

Disabled Adult Child (DAC)

For persons whose SSI ended because they received benefits from a parent who retired, became disabled, or died. Request for information (RFI) is for people who have DDD. bit.ly/dacmedicaid

New Jersey Care... Special Medicaid Program

For individuals with IDD with income below \$1,074/month. Contact your County Board of Social Services: bit.ly/njcbss

Long Term Services and Supports

Applies to younger individuals who need significant support, such as private-duty nursing, etc. bit.ly/longtermsupport

QUICK FACT

Medicaid is an entitlement-based program. Anyone who is determined eligible by the Medicaid Office has the right to receive Medicaid and its related services. Eligibility is not guaranteed.

NJ FAMILYCARE

- Also called Medicaid Expansion.
- Eligibility is based on income, not on the individual having a disability.
- The maximum monthly income limit increases each year.
- The maximum gross income for a single adult in 2021 is \$1,074/month.
- The individual cannot be listed as a dependent on their parent's tax return.
- The individual cannot receive Medicare.
- ABD is a better route if eligible.

HOW TO GET IT

Applicants must have financial eligibility.
NJ FamilyCare Quickstart
bit.ly/njfamilycare

QUICK FACT

Adults must have legal resident status for 5 years to be eligible. Children and pregnant women with legal resident status are eligible, regardless of length of residency.

WHAT'S COVERED?

Doctor visits, prescriptions, x-rays, dental, lab testing, eyeglasses, hospitalization, mental health, preventative screenings, regular checkups



Support Groups

Click below for more information on any of the following support groups available to families.

- [New Dad Support Groups](#)
- [Moms Connection](#)
- [Weekly Parents Group](#)
Parenting Through the Pandemic;
Creating Work/Life Balance at Home
Through the Pandemic



Vaccinate to Keep Kids Healthy!



Vaccinate to Keep Kids Healthy!

Preventing disease is always better than treating it. Vaccines protect against diseases that once caused serious illness, disability, and death, including COVID-19. By using small amounts of antigens, or germs that cause the immune system to react, vaccines help your child's body recognize and learn to fight off serious and potentially deadly diseases. Following the **recommended immunization schedule** helps ensure that your child is protected from 14 diseases before the age of 2, such as:

- Polio
- Measles
- Whooping Cough
- Flu
- Mumps
- Chicken Pox

Did You Know?

Children with disabilities are at higher risk for vaccine-preventable illnesses. They may also have more significant illness, prolonged hospitalization, and greater risk of mortality. The American Academy of Pediatrics (AAP) suggests children with disabilities follow the CDC's immunization recommendations to promote optimal health.

Vaccine Facts

The CDC estimated that vaccination of children born between 1994 and 2018 prevented:

- 419 million illnesses
- 26.8 million hospitalizations
- 936,000 deaths

Questions or Concerns?

Vaccines are safe and effective. They are rigorously tested by research from top doctors, public health professionals, and scientists. Serious side effects are very rare. Your child's health care provider can answer any questions and share up-to-date information about all vaccines recommended to keep your child healthy, including COVID-19 vaccines and boosters.

Learn More about Vaccines for Your Child from the CDC:
<https://www.cdc.gov/vaccines/parents/index.html>

¡Vacunas para mantener a los niños sanos!



¡Vacunas para mantener a los niños sanos!

Es mejor prevenir una enfermedad que tener que tratarla. Las vacunas protegen contra afecciones que, alguna vez, causaron enfermedades graves, discapacidad y muerte, incluida la COVID-19. Mediante el uso de pequeñas cantidades de antígenos o gérmenes que hacen que el sistema inmunitario reaccione, las vacunas ayudan a que el cuerpo de su hijo reconozca y aprenda a combatir enfermedades graves y potencialmente mortales. Seguir el **calendario de vacunación recomendado** ayuda a garantizar que su hijo esté protegido contra 14 enfermedades antes de cumplir los 2 años, incluidas las siguientes:

- Polio
- Measles
- Whooping Cough
- Flu
- Mumps
- Chicken Pox

¿Sabía que...?

Los niños con discapacidades tienen un mayor riesgo de contraer enfermedades que se pueden prevenir con vacunas. Además, pueden tener una enfermedad más importante, una hospitalización prolongada y un mayor riesgo de mortalidad. La American Academy of Pediatrics sugiere que los niños con discapacidades sigan las recomendaciones de vacunación de los Centers for Disease Control and Prevention a fin de promover una salud óptima.

Datos sobre las vacunas

Los CDC estimaron que las vacunas de los niños nacidos entre 1994 y 2018 evitaron:

- 419 millones de enfermedades
- 26.8 millones de hospitalizaciones
- 936,000 muertes

¿Tiene Preguntas o inquietudes?

Las vacunas son seguras y efectivas. Están rigurosamente probadas por investigaciones de los mejores médicos, profesionales de la salud pública y científicos. Los efectos secundarios graves son muy poco frecuentes. El proveedor de atención médica de su hijo puede responder cualquier pregunta y compartir información actualizada sobre todas las vacunas recomendadas para mantener a su hijo saludable, incluidas las vacunas y los refuerzos contra la COVID-19.

Obtenga más información de los CDC sobre las vacunas para su hijo:
<https://www.cdc.gov/vaccines/parents/index.html>

Referencias:

- Making the Vaccine Decision: Addressing Common Concerns (CDC): <https://www.cdc.gov/vaccines/parents/why-vaccinate/vaccine-decision.html>
- Reasons to Follow CDC's Recommended Immunization Schedule (CDC): <https://www.cdc.gov/vaccines/parents/schedules/reasons-follow-schedule.html>
- Diseases You Almost Forget About (Thanks to Vaccines) (CDC): <https://www.cdc.gov/vaccines/parents/diseases/forgotten-diseases.html>
- Vaccines for Children Infographic: Protecting America's Children Every Day (CDC): <https://www.cdc.gov/vaccines/programs/vfc/protecting-children.html>
- Bray, A.W., & Peck, J.L. (2022, June 23). Vaccination Strategies to Keep Children with Special Needs Healthy. Clinical Advisor. <https://www.clinicaladvisor.com/print-issue/may-june-2022/>
- Vaccinating Kids with Special Needs (Henry Ford Health): <https://www.henryford.com/blog/2019/01/vaccinating-kids-with-special-needs>

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ESNJ Prescription Assistance Fund



The goal of ESNJ is to support you on your epilepsy journey by ensuring that you have continued access to treatment and care.

Through our Medication Assistance Program we have funds available for people with epilepsy who are temporarily unable to afford the purchase of their anti epileptic medication.

This fund is available one time, once a year.
There is a limit to the amount allowed.

For more information, email
info@epilepsynj.org.



Register Ready



**Register today—
be ready for tomorrow!**

**Help emergency responders plan for
and support your family members
who have disabilities or
access and functional needs
in the event of a disaster**

If you or a family member has a physical, developmental, cognitive or behavioral impairment, language barrier, or transportation challenge that may make it difficult to safely shelter in place or evacuate in a disaster, please register.

Register at:

www.registerready.nj.gov

or call **211** within NJ or **877-652-1148** toll free

- Free
- Voluntary
- Secure and confidential
- Protective of your privacy

Update your information at least annually. In a life threatening situation, don't wait for help — call 9 1 1



Brain Injury Alliance NJ Virtual Support Group



As you know, BIANJ has been hosting virtual support groups, during the day and evenings to help you stay connected. Effective July 1st, BIANJ's support groups will follow this schedule:

Caregiver Support Groups:

Every other Wednesday at 11:00 AM
Second Tuesday of every month at 6:30 PM*

Survivor Support Groups:

Every other Wednesday at 11:00 AM
Third Thursday of every month at 6:30 PM*

Virtual Happy Hours for Survivors and Caregivers:

Last Wednesday of every month at 5:30 PM

**please note the evening groups will now be offered once per month*

[Register Now](#)





Patient & Family Portal

In our Portal, you can...

- Get secure access to refill prescriptions and review medications any time
- View upcoming appointments and review past medical and therapy needs
- View, print, and share patient records at a moment's notice
- Have 24/7 access so you can pay bills when it's most convenient for you

Not signed up yet?

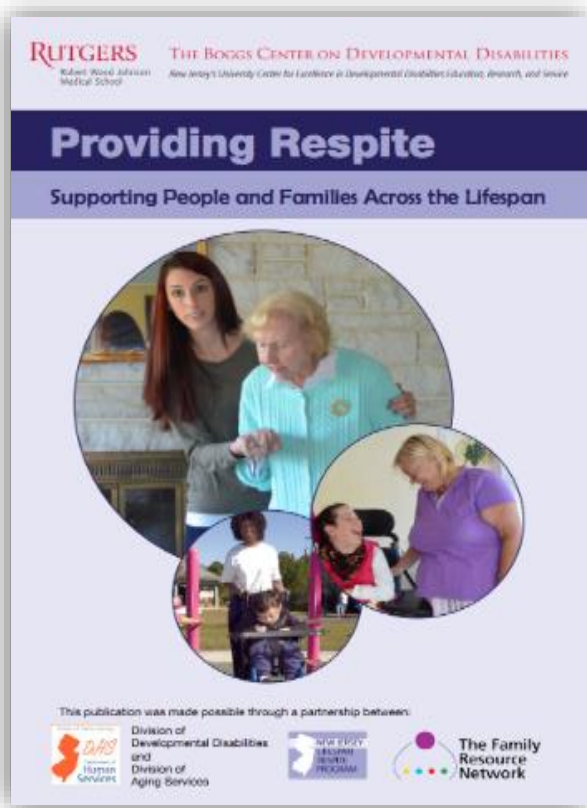
Email PortalHelpDesk@childrens-specialized.org to receive your access code.

Already signed up?

Access the portal at my.childrens-specialized.org



Providing Respite: Supporting People & Families Across the Lifespan



In partnership with the NJ Lifespan Respite Program, The Boggs Center on Developmental Disabilities at Rutgers University has published [Providing Respite: Supporting People and Families Across the Lifespan](#).

This booklet offers an overview of respite and highlights the positive impact that respite makes in the lives of people with disabilities, seniors, and their families.

[To access, click here.](#)



The Center on Nutrition & Disability



If you have been impacted by the pandemic and are in need of food, the Center on Nutrition and Disability is here to connect you to your local food resources.

www.nokidhungry.org

Or, text **FOOD to 304-304** and you will receive a message with local sites to receive free summer meals. No paperwork to fill out. No income requirements.





Helpful Links & Resources

National Information Center for Children and Youth with Disabilities

<https://www.parentcenterhub.org/nichcy-gone/>

National Organization for Rare Disorders

www.rarediseases.org

New Jersey Department of Human Services

www.state.nj.us/humanservices

New Jersey Developmental Disabilities Council

www.njcdd.org

New Jersey Protection and Advocacy

www.drnj.org

Catastrophic Illness in Children Relief Fund (CICRF)

<https://www.state.nj.us/humanservices/cicrf/home/>



Values in Action New Jersey



Our Values

Accountable to **YOU** and Yours
Dedicated to **YOU** and Your Ambitions
Empowering **YOU** to Live Your Life
Kind to **YOU** Without Exception
Open Minded to **YOU**
Respecting **YOU** and Your Choices
Transforming Services with **YOU**

**Our Values Into Action NJ Team is at your service
and always dedicated to your support!**

**Values into Action NJ provides Support Coordination in service
for people with disabilities aged 21+ and their families,
across the state of New Jersey.**

**Using a person-directed, family-centered approach, we structure our
services to assist individuals through the process of self-direction and
empower them to remain in charge of their plans (and their lives).**

www.ValuesIntoActionNJ.org

